

Background

This policy was been drawn up in response to the pandemic that started in 2020 And is continually updated using current guidelines and legislation as below.

- There are no COVID-19 restrictions in the UK.
- If you have COVID-19 you should try to stay at home.
- Self-isolating (staying at home) is not a legal requirement if someone has covid-19 (coronavirus) symptoms or has tested positive.

We will continue to take advice from the industry, Government, and the NHS regarding all safe practices.

Holistic Zone Training Academy's priority is to keep our students and their models safe, as far as possible, during their training with us.

Practical Training Days

If anyone working at Holistic Zone Training Academy becomes ill or show symptoms of Coronavirus (COVID-19), we will have to rearrange your course at short notice. This may, of course, cause inconvenience, but it is done for your own health and safety. We will rebook your course as soon as possible, and you will take priority over any new enquires.

If you or any of the people in your household feel ill or display any symptoms of Coronavirus (COVID-19) please advise us as soon as possible.

The main symptoms of Coronavirus (COVID-19) are:

- high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms.

Infection Control

Increased cleaning of the treatment/training room will take place. This will include all common surfaces such as door handles, etc. These will be disinfected between each client.

All equipment will be disinfected or sterilised in line with specific manufacturers or industry guidelines for your health and safety.

Where possible we will use eco-friendly, sustainable, single-use items. These will be disposed of according to the supplier's guidelines to ensure you are protected from cross-infection.

You will have access to hand sanitiser upon arrival and we ask that you use this immediately upon arriving and before leaving.

Please do not be offended if we continue to wear PPE (Personal Protective Equipment), even though it is no longer a legal requirement. This may include gloves, face shield and/or facemask or a disposable apron, this will be dependent on the treatment being provided.

If you wish to choose to wear a facemask, we are happy for you to do so, we can also supply one at a cost of £1.



Coronavirus (COVID-19) Infection Prevention & Control Policy

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Where possible, will continue to use ventilation as a control measure to reduce the risk of aerosol transmission of COVID-19 in enclosed spaces. Ventilation will not reduce the risk of droplet or surface transmission, so other control measures such as cleaning and social distancing are still required.

The risk of transmission is greater in spaces that are poorly ventilated (HSE).

We confirm that all reusable equipment such as towels are washed at 60°C with added laundry cleanser to thoroughly ensure 99.99% of bacteria is killed.

All disposable items will be bagged and removed from the room between each course.

Acceptance

By attending your course, you agree that:

- You have read and understood this policy.
- You consent for the services to be carried out which involves a staff member of the Holistic Zone Training Academy team being in physical contact with you.
- You confirm to your knowledge that you, you household have not been in contact with anyone that has had symptoms of COVID-19 in the last 14 days.
- To prevent the spread of the virus and protect each other, you confirm that you will strictly follow Holistic Zone Training Academy's guidelines.
- If guidelines are not strictly followed, you understand that Holistic Zone Training Academy has the right to cancel the course with the full cost of the being charged and any other paid costs being non-refundable.
- You confirm that you release the Tutor performing the service and Holistic Zone Training Academy as a business from any and all liability for the unintentional exposure or harm due to COVID-19.

Review and Queries

This policy will be subject to annual review, or sooner of legislation or regulatory change. Any updates will be posted on our website. All queries should be directed to Julie Miller.

Signed 

Julie Miller

Founder & Principal Tutor
Holistic Zone

Dated 1st August 2024